# FOOTBALL CAMPS

Season 2018 | 2019



## ABOUT BOS IHA

Be On Soccer and LTA Agency, provide customized stages and training camps for professional women's football teams. We help them with their development during the breaks of the seasons.

With over 10 years of experience, we work hard to make a wide variety of customized football training camps that contribute to the preparation and conditioning of the professional women's teams, taking care of the coaches, technical staff and players. Our daily activities involve overseeing the current trends and cooperating with different key stakeholders who help us making unique stages experiences.

Our goal is to contribute to the development of women's football all over the world helping players, coaches and teams to improve and develop their level through unique football camps. BOS takes care of the teams in Spain and Portugal to be leader with the international football teams experiences.



# SERVICES

### Accommodation

The hotel options have been chosen by our team of experts with the aim to provide the best accommodation to the teams. We are focused on the optimum rest for your team, and this is why we are giving the highest quality in all services and attending to their requests uniquely in the same place.

### Training facilities

The sports complex of each destination have natural grass fields with perfect conditions for football training sessions and friendly games. Gym, Spa, swimming pools or golf courts are other high quality sports facilities provided for a proper physical training.

### Travel & mobility

We take care of all the transfers and ground transportation to facilitate teams' traveling. All the transfers from the moment of the arrival to Spain will be done in a private bus and always with a tour guide.

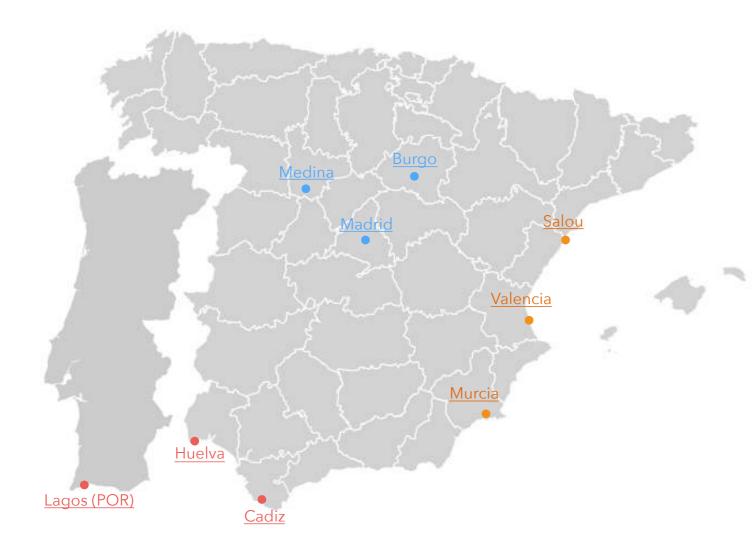
### Friendly matches

The tailor-made programs allow the organization of friendly matches to be part of a good season preparation. The sparring matches will be played against Spanish teams around the location or other international teams that will also be doing a camp.



## DESTINATIONS

The camps will be host in Spain & Potugal, the first places of the world in the Global Travel & Tourism competitiveness index. Spain's success can be attributed to its unique offer of both cultural and natural resources, combined with sound tourism service infrastructure, air transport connectivity and strong policy support.



\*You can choose a destination by clicking the names.

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# **CENTRAL SPAIN**



In Madrid and its metropolitan area live more than 6 million inhabitants. The city host the headquarters of the government and the royal family. It is the fourth richest city in Europe.

Influential cultural, artistic and football center of Europe with the Prado Museum, National Museum Reina Sofía Art Center or the Thyssen-Bornemisza, Real Madrid and Atlético de Madrid. Madrid is not only a cultural destination, due to is surrounded by mountains and lakes, offers many sports and adventure leisure options.

The climate in Madrid varies greatly depending on the seasons, hot and dry in summer, with temperatures 29°C/85°F, or cold and rainy in autumn or winter with (4°C/39°F).

For more information about the destination, visit: <u>turismomadrid.es</u>





## SEFUTBOL

The hotel Sefutbol is located in the City of Football in Las Rozas city and it is owned by the RFEF, the place of concentration of all football and futsal Spanish National teams. From the world champion and three times European champion to the award-winning men's futsal team with two stars of world champions and seven European titles. The hotel has 48 luxury rooms, 3 training classrooms, cafeteria and 4 more restaurants to offer the special attention to each client, specific rooms for massages, library, and a chapel.

The facilities of the RFEF also have 5 football fields, a gym, swimming pool and multi-purpose pavilion.

#### Included services:

- ✓ Accommodation in Hotel
- $\checkmark$  Double rooms for players and staff
- ✓ Single room for the Team Manager
- ✓ Full board in buffet style
- ✓ Private dining room (team)
- 🗸 Physio room
- 🖌 Kit room
- $\checkmark$  Private meeting and technical room

✓ Use of 1 football field

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- $\checkmark$  Use of the complex for running
- $\checkmark$  Football training material
- Access to the Gym
- $\checkmark$  Use of the outdoor swimming pool
- ✓ Free WiFi around the building
- ✓ Daily laundry for 2 sports kits
- ✓ Mineral water

Airport (MAD): 40 km

Football fields: 2 · 105x65 · natural grass

Madrid city center: 25km







Medina del Campo is a small town of pre-Roman origin that enjoys an excellent geographical situation, located in the southwest of the province of Valladolid, whose capital is at 45 km and near Madrid city (150km).

Medina del Campo extends over an area of 104.49 km2 and is located at an altitude of 720 m above sea level, an idyllic place for wine tourism, relaxation and sport stages.

The climate in Medina varies greatly depending on the seasons, hot and dry in summer, with temperatures 30°C/85°F, that get colder in autumn or winter with temperature average around 10°C. The best wether conditions usually are on spring, with sunny days and warm temperatures.

For more information about the destination, visit: <u>medinadelcampo.es</u>











3\* Hotel

The great environment in which the Balneario de las Salinas is located, is undoubtedly key for all those who want to be relaxed or concentrate in their workout.

With its more than 5,000 square meters of facilities and 80,000 square meters of gardens, offers a unique and complete option for your rest and relaxation.

Airport (MAD): 160km

Football fields: 1 · 105x65 · natural grass



Town center: 5km

For more than a century, the waters of the wellness center have been considered as the strongest mineralization in Europe. Enjoy its properties in our Spa equipped with the most modern facilities and under a strict specialized medical control.

#### Included services:

✓ Accommodation in Hotel category 4

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- ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board
- ✓ Private dining room (team)
- ✓ Physio room
- 🗸 Kit room
- $\checkmark$  Private meeting and technical room

- $\checkmark$  Use of the football field
- $\checkmark$  Use of the gardens for running

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- ✓ Football training material
- $\checkmark$  Access to the Gym
- $\checkmark$  Access to the SPA wellness center
- $\checkmark$  Use of the outdoor swimming pool
- $\checkmark$  Free WiFi around the building
- ✓ Daily laundry for 2 sports kits





El Burgo de Osma is a municipality and locality in the province of Soria, head of the judicial district of El Burgo de Osma, in the autonomous community of Castilla y León, Spain.

Talking about football, we must highlight the success of C.D. Numancia that has managed to be in the first division of Spanish football for four years, without forgetting the famous feat of the cup against the F.C. Barcelona in the quarterfinals of the Copa del Rey in 1996. In the 2007/2008 season, the Sorian club managed to get first in the 2nd division of Spanish football so it was promoted to the highest category of Spanish football in the season next.

Soria has an oceanic climate. The winter is characterized by being long and cold (January 3,2 ° C), arriving to produce annually about 83 days of frost. On the other hand, the summer is warm (20 ° C July and August), with maximum temperatures around 28 ° C, which can reach 35 ° C on hot days.

For more information about the destination, visit: <u>www.burgodeosma.com</u>







## **CASTILLA** Termal

4\* Hotel

The Castilla Termal Burgo de Osma is located in an emblematic building from the 16th century, the ancient University of Santa Catalina.

The building is still preserving the majesty with its plateresque facade and its Renaissance cloister, enclosed by a great glass dome as centre of the building, which today is the social meeting place of the hotel.

Airport (MAD): 165km

Football field: 105x65 · natural grass



Town center: 1km

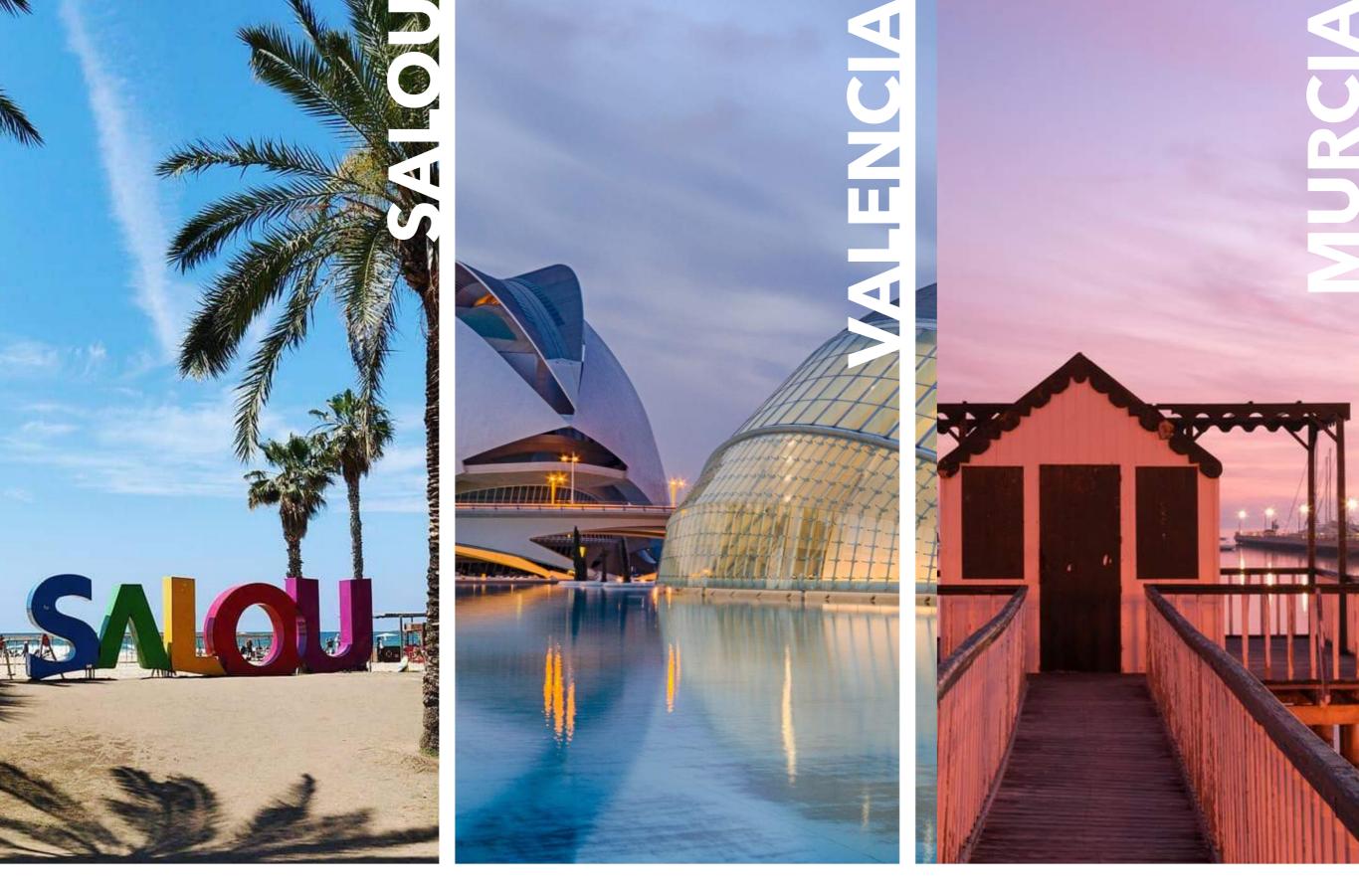
The hotel provides 70 high quality rooms and completes its facilities with a wide offer in the restaurant service, where can be enjoyed the traditional cuisine of Spain. It also has cafeteria, parking, meeting rooms and outdoor pool. The thermal area is under the Renaissance cloister and the great glass dome, which hosts the thermal pool, the water contrast circuit and the other spaces.

#### Included services:

- ✓ Accommodation in Hotel
- ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Private dining space (team)
- ✓ Physio room
- ✓ Kit room
- ✓ Private meeting and technical room

- ✓ Use of 1 football field
- $\checkmark$  Direct access to the beach
- ✓ Access to the Gym
- $\checkmark$  Access to the Spa Wellness center
- $\checkmark$  Use of the outdoor swimming pool
- $\checkmark$  Free WiFi around the building
- ✓ Daily laundry for 2 sports kits
- ✓ Mineral water





# MEDITERRANEAN





Salou is a town located on the Mediterranean coast of Spain, near Barcelona. Almost one century later, or starting in the sixties, Salou became a leading reference in Europe as a tourist and holiday destination. Its golden sand beaches and coves, the calm waters and temperate climate are its greatest attractions, which are complemented with internationally renowned sport and leisure possibilities.

The unbeatable weather has positioned Salou as a sport destination, and many professional teams and athletes come here to train, for football, cycling, track and field, golf, water sports, and many others. Furthermore, in 2013 Salou was awarded Sport Tourism Destination for football.

Salou enjoys a Mediterranean climate, temperate and hot, with a tourist season that extends throughout the year. Summers are hot, yet cooled by sea breezes, and spring's fair weather lingers on well into autumn. Winters are typical of the Mediterranean climate, with extremely mild temperatures.

For more information about the destination, visit: <u>www.visitsalou.com</u>









The Park is prepared to feel like you are at home. The maximum quality with all the comfort for a great training camp. After hours and hours of hard work training, friendly matches or tournaments, this is the best place o rest and recover energy. Quality and comfort define this accommodations. 3 types of apartments, colorful villas of 65m2 and bungalows with capacity for 6 people will help the athletes prepare to perform to the maximum.

#### Airport (BCN): 90km

Football fields: 4 · 105x65 · natural grass



Barcelona city center: 110km

All the services for a complete stay will be ready for the team. Recharge the batteries in the Spa after a hard workout, eat properly to perform better on the field and don't worry about having all the equipment ready.

The football complex with 2 natural grass football fields and 2 hybrid fields are 5 minutes walking distance.

#### Included services at the park:

- ✓ Accommodation in Villas
- ✓ Double rooms for players and staff
- ✓ Full board in buffet style
- ✓ Private dining room (team)
- ✓ Physio room
- **√**Kit room
- $\checkmark$  Private meeting and technical room

- ✓ Exclusive use of one football field
- $\checkmark$  Football training material
- ✓ Access to the Gym
- $\checkmark$  Use of the outdoor swimming pool
- $\checkmark$  Free WiFi around the building
- ✓ Daily laundry for sports kits
- ✓ Mineral water







## Valencia, on the east coast of Spain, is the capital of the autonomous community of Valencia and the third-largest city in Spain after Madrid and Barcelona, with around 800,000 inhabitants in the administrative centre.

Due to its long history, this is a city with numerous popular celebrations and traditions, such as the Fallas (featuring the traditional Spanish dish paella), which were declared as Fiestas of National Tourist Interest of Spain in 1965 and Intangible cultural heritage by UNESCO in November 2016.

Valencia has a subtropical Mediterranean climate with short, very mild winters and long, hot and dry summers. Its average annual temperature is 18.4 °C (65.1 °F); 23.0 °C (73.4 °F) during the day and 13.8 °C (56.8 °F) at night.

For more information about the destination, visit: <u>www.visitvalencia.com</u>





## **EL SALER**

4\*

Hote

The Parador & El Saler Golf Course is located in the heart of the Albufera Natural Park. The football field is located on the edge of the Mediterranean Sea, and in front of the dune cord. Its regulatory measures, identical to the field of the Mestalla and the magnificent state of the grass, make it the ideal place for disputes meetings at all levels. The place is surrounded by nature and relaxation with a complete program of services designed for the preparation of football teams for the next season.

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Airport (VLC): 30km

Football fields: 1 · 105x65 · natural grass



Valencia city center: 20km

Among the facilities available, there is a spa and a gym with free access for the team members, as well as other services that offer the possibility of enjoying a privileged location. There are rooms with a covered terrace and views to the sea on the beachfront.

#### Included services:

- ✓ Accommodation in Hotel category 4
- ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Snack meal
- ✓ Private dining room (team)
- ✓ Physio room
- ✓ Kit room
- ✓ Private meeting and technical room

- $\checkmark$  Exclusive use of the football field
- ✓ Use of the golf court for running
- ✓ Football training material
- ✓ Access to the Gym
- $\checkmark$  Access to the SPA wellness center
- $\checkmark$  Use of the outdoor swimming pool
- ✓ Free WiFi around the building
- ✓ Daily laundry for 2 sports kits
- ✓ Mineral water



## OLIVANOVA

5\* Resort

Oliva Nova is located near Valencia and allows you to combine all kinds of sport and leisure activities to enjoy your camp the way that suits you best. It offers many possibilities to stay fit and have fun at the same time. Oliva Nova has high performance sports facilities, like the 4 football fields and the Oliva Nova Equestrian Center, which welcomes the best international horsemen and horsewomen every year. You can practice football and, thanks to its location in front of the beach, you can also use it for your training sessions.



Airport (VLC): 90km

Football fields: 4 · 105x65 · natural grass

Valencia city center: 85km

A four-star hotel, recently renewed, which enjoys a privileged location on the beachfront. There are rooms with a covered terrace and views to the lagoon-style swimming-pool, to the beach or the mountains. Some of them offer the possibility of enjoying a private swimming pool or a garden. Among the facilities available, there is a spa and a gym, as well as a wide range of restaurants.

#### Included services:

- ✓ Accommodation in Hotel category 4
- $\checkmark$  Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Snack meal
- ✓ Private dining room (team)
- ✓ Physio room
- ✓ Kit room
- ✓ Private meeting and technical room

- $\checkmark$  Exclusive use of one football field
- ✓ Use of the golf court for running
- $\checkmark$  Football training material
- ✓ Access to the Gym
- ✓ Access to the SPA wellness center
- $\checkmark$  Use of the outdoor swimming pool
- ✓ Free WiFi around the building
- ✓ Daily laundry for 2 sports kits
- ✓ Mineral water













#### San Pedro del Pinatar is the touristic heart of Murcia. Situated between the Mar Menor and the Mediterranean Sea, this small seaside town is famous for its fishing background, therapeutic mud baths, salt flats, vast stretches of sand and training camps for football teams during the season.

With unrivaled views over the Mediterranean Sea, the exclusive football center is situated in a region that benefits of a great climate for morning and evening training sessions throughout the entire year.

Murcia has a subtropical Mediterranean climate like Valencia, with very short winters and long, hot and dry springs, summers and autumns. Its average annual temperature is 18.4 °C (65.1 °F); 23.0 °C (73.4 °F) during the day and 13.8 °C (56.8 °F) at night.

For more information about the destination, visit: <u>www.murciaturistica.es</u>



# THALASIA

4\*

Hote

The luxurious and welcoming Thalasia Hotel is located in the heart of the natural reserve and within walking distance from the beach. Featuring sea-water swimming pools, a large spa and fitness gym with free access. High speed Wi-Fi is available and is free of charge. All rooms offer air conditioning, a private balcony and a flat-screen TV. The rooftop terrace features views of the Mediterranean Sea. Buffet and à la carte meals, including Mediterranean dishes, are served at the hotel's Talas restaurant.

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Airport (ALC): 60km

Football fields: 3 · 105x65 · natural grass



Murcia city center: 20km

Among the facilities available, there is a spa and a gym with free access for the team members, as well as other services that offer the possibility of enjoying a privileged location. There are rooms with a covered terrace and views to the sea on the beachfront.

- ✓ Accommodation in Hotel category 4
- ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Snack meal
- ✓ Private dining room (team)
- ✓ Physio room
- ✓ Kit room
- $\checkmark$  Private meeting and technical room

- $\checkmark$  Exclusive use of the football field
- ✓ Use of the golf court for running
- $\checkmark$  Football training material
- ✓ Access to the Gym
- $\checkmark$  Access to the SPA wellness center
- $\checkmark$  Use of the outdoor swimming pool
- $\checkmark$  Free WiFi around the building
- Daily laundry for 2 sports kits
- ✓ Mineral water







# ATLANTIC OCEAN





The province of Cadiz is the southernmost of the Iberian Peninsula . It has a perimeter of 586 Km, 260 of which are coastline. It has a surface area of 7,385 Km, divided up into 44 municipal areas. Its population totals just over one million, with the density being just over the national average.

For its situation being inland, the daytime temps are bigger than in the coast, as well as the lows are cooler, with a difference of at least 10 °C between the highs and the low temps during every month. The average annual temperature is 24.4 °C (76 °F) during the day and 11.9 °C (53 °F) at night.

Cadiz is famous for his football tournaments and pre season camps thanks to its climate, natural conditions and the high quality sports complex. Along the 260 km of coastline you can find a lot of sports lovers (sailing, diving, surfing, swimming, cycling...).

For more information about the destination, visit: <u>www.cadizturismo.com</u>





## **IBEROSTAR** ROAL ANDALUS

4\* Hote

The Iberostar Royal Andalus has witnessed the beginnings of many great friendships and even the growth of numerous families. As our guests always say: "If you come once, you'll be back." This hotel for families is located in the Novo Sancti Petri area and has the best access to the impressive Barrosa beach in Chiclana. According to TripAdvisor, the Iberostar Royal Andalus is ranked as one of the top five all inclusive hotels in Spain.

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#### Airports: (XRY) 55km | (SVL) 140 km

Football fields: 2 · 105x65 · natural grass | 1 · 60x40

Cadiz city center: 15km

Just 5 minutes away there are 2 natural grass football fields and 10 minutes away 36 holes to practice golf on at the Real Novo Sancti Petri Golf Club, designed by Severiano Ballesteros. There are also 11 tennis courts and you can also be venture out by bike to discover a few of the many kilometres on the White Village Route.

- ✓ Accommodation in Hotel category 4
- ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Private dining space (team)
- ✓ Physio room
- ✓ Kit room
- $\checkmark$  Private meeting and technical room

- ✓ Use of 1 football field (90min in the morning and 90min in the afternoon)
- $\checkmark$  Direct access to the beach
- $\checkmark$  Access to the Gym
- $\checkmark$  Use of the outdoor swimming pool
- $\checkmark$  Free WiFi around the building
- $\checkmark$  Daily laundry for 2 sports kits
- ✓ Mineral water



### **MONTECASTILLO** HOTEL & VILLAS

5\* Resort

The Barceló Montecastillo Golf & Sports Resort is composed by Hotel & Villas. The complex boasts a magnificent 18-hole golf course, designed by Jack Nicklaus, tennis and paddle tennis courts, gym and a fully equipped, renovated spa. It is perfectly located for enjoying a pleasant stay in Jerez de la Frontera as it lies next to Jerez Race Circuit and is perfectly connected making it easy to reach both the airport and Jerez city centre in only 10 minutes.

Airports: (XRY) 15km | (SVL) 100 km

Football fields: 2 · 105x65 · natural grass | 1 · 60x40

Jerez city center: 10km

This is an iconic Resort in the South of Spain thanks to the high standards of its facilities and to the elegant design that distinguishes it. The complex is in a beautiful countryside and close to Jerez city, which is a great advantage for privacy and independence to the teams during their trainings.

#### Included services:

- ✓ Accommodation in Hotel category 5
- ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Private dining room (team)
- 🗸 Physio room
- 🗸 Kit room
- ✓ Private meeting and technical room

✓ Use of 1 football field (90 min in the morning and 90 min in the afternoon)

- ✓ Football training material
- $\checkmark$  Unlimited access to the Gym
- $\checkmark$  Unlimited access to the SPA
- $\checkmark$  Free WiFi around the building
- $\checkmark$  Daily laundry for 2 sports kits









Huelva is a city in southwestern Spain, the capital of the province of Huelva in the autonomous region of Andalucia. It is located along the Gulf of Cádiz coast, at the confluence of the Odiel and Tinto rivers.

Huelva had a population of 149,410 in 2010. The city experienced a population boom in the nineteenth century, due to the exploitation of mineral resources in the area, and another with the construction of the Polo de Desarrollo in the 1960s.

Huelva and its metropolitan area have a Subtropical-Mediterranean climate, characterized by very mild and wet winters and long warm to hot and dry summers. The average annual temperature is 23.9 °C (75.0 °F) during the day and 12.4 °C (54.3 °F) at night.

For more information about the destination, visit: www.turismohuelva.org





# ISLA CANELA

Hote

Isla Canela is a natural area located in the most western corner of Andalucia, at the south of the Spain in the famous Costa de la Luz, close to the border with Portugal and the Algarve. The Hotel Isla Canela Golf is close to the beaches of Isla Canela and Punta del Moral and offers a peaceful, relaxed and friendly setting. It has a privileged climate, with more than 300 days of sunshine every year on average.

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Airports: (FAO) 60 km | (SVL) 90 km

Football fields: 2 · 105x65 · natural grass

Huelva city center: 30km

A four-star hotel, recently renewed, which enjoys a privileged location inside a 18 holes Golf course, between the 17th and 18th holes. It has 2 natural grass football fields within walking distance from the hotel reception, 400 meters across the golf course.

- ✓ Accommodation in Hotel category 4
- ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Private dining room (team)
- ✓ Physio room
- ✓ Kit room
- $\checkmark$  Private meeting and technical room

- ✓ Use of 1 football field
- $\checkmark$  Use of the golf court for running
- Football training material
- ✓ Access to the Gym
- $\checkmark$  Use of the outdoor swimming pool
- ✓ Free WiFi around the building
- ✓ Daily laundry for 2 sports kits
- ✓ Mineral water









Lagos, literally lakes, is a municipality at the mouth of Bensafrim River and along the Atlantic Ocean, in the Barlavento region of the Algarve, in southern Portugal.

Lagos is one of the most visited cities in the Algarve and Portugal, due to its variety of tourist-friendly beaches, rock formations, bars, restaurants and hotels, renowned for its vibrant summer nightlife and parties.

Many local traditions are celebrated in the municipality and range from gastronomy to traditional handicrafts. In gastronomy, there are the local specialties: Dom rodrigos and morgados cookies based on local products, such as almonds, figs and eggs. Lagos is also a wine producing region and is famous for its moscatel wine, and also for a strong alcoholic spirit, the aguardente de medronho, made of berries of strawberry tree.

For more information about the destination, visit: <u>www.visitportugal.com</u>





### **CASCADE** Wellness & Lifestyle Resort

5\*

Hote

Enjoying a truly unique and stunning cliff-top location in Portugal, Cascade is one of the most luxurious hotels in the Algarve, offering an elegant and sophisticated experience for football teams. This resort has blended stunning seascapes, 5 star service and Southern Europe's finest football facilities, offering first-class year-round training facilities in an outstanding climate and a private atmosphere.

Airport: (FAO) 60 km

Football fields: 2 · 105x65 · natural grass

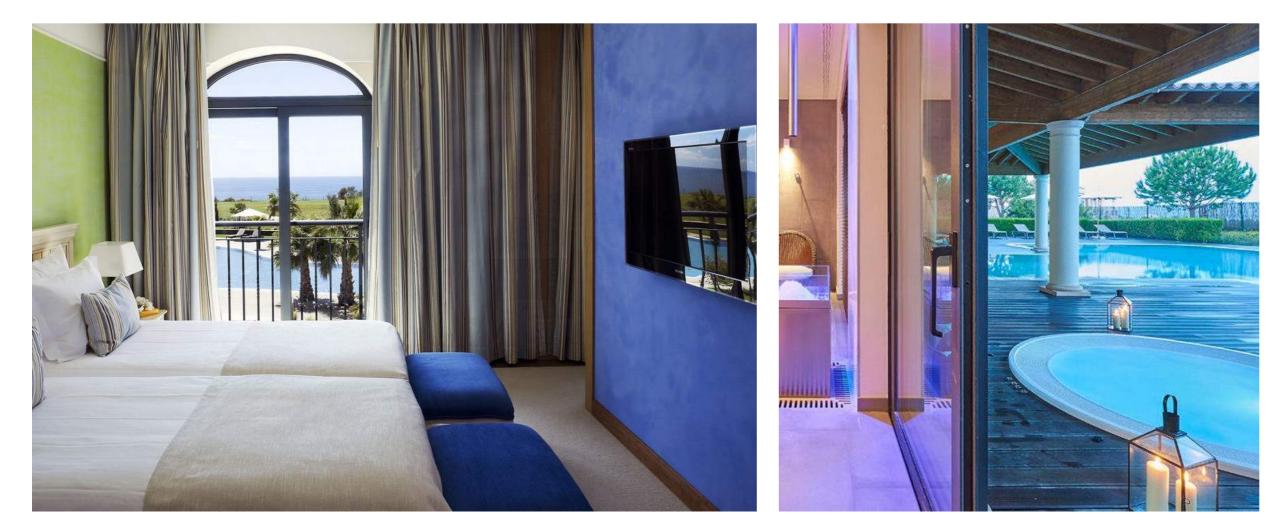
Lagos city center: 5km

At the Cascade Wellness Resort they consider the stay for a healthier lifestyle and provide for its subsequent adaptation to the daily challenges, with more or less intensity, completely according to the needs.

- ✓ Accommodation in Hotel category 5
  ✓ Double rooms for players and staff
- ✓ Junior Suite for the Team Manager
- ✓ Full board in buffet style
- ✓ Private dining room (team)
- ✓ Physio room
- ✓ Kit room
- ✓ Private meeting and technical room

- ✓ Use of 1 football field
- $\checkmark$  Use of the golf court for running
- $\checkmark$  Football training material
- ✓ Access to the Gym
- $\checkmark$  Use of the outdoor swimming pool
- $\checkmark$  Free WiFi around the building
- ✓ Daily laundry
- ✓ Mineral water







# **CONTACT US** FOR FURTHER INFORMATION

kwin@lta-agency.com | bgomez@beonsoccer.com

